

## Why Belly Dance?



Only you can answer this question yourself once you discover what belly dance can do for you but let me give you some guidance.....

### Belly Dance Is How The Seeker Perceives It

Some may think that belly dance is a provocative dance that women do to draw attention to themselves. I cannot change what people think but I can change how they look at belly dance once given the chance. Belly dance is beautiful when learned with high standards and quality.

Belly dance is one art-form that is not biased in gender, race, age or body shape. You are never too young or old to learn belly dance, because you are never too young or old to learn about self expression and creativity, music or a new culture.

When I teach my students first comes the physical understanding, then interpretation and self expression. During one's journey they also learn music, culture, etiquette and personal growth. I have not had any students that have had a bad experience learning the art form.

I only have so much control of how each student interprets their experience, but I do take time to teach according to each student. The student must learn how to dance appropriately according to their age, their limits and their securities.

belly dance is more than a beautiful dance, its a lesson of life through music culture and personal expression.

Belly dance is no more provocative or inappropriate than any other dance. Just as any other dance or art, it is how the seeker perceives it.

Each individual experience is different. You can listen to others about what belly dance has done for them. So why belly dance?....Only you can answer that for yourself